

SMALL GROUPS AT



Our congregation has identified that building meaningful relationships among congregants is a top priority for our community. This year, we will create opportunities through "small groups" for congregants to connect with others in an intentional and structured way. Initially, a small group meets for 6 weeks around a compelling topic. Our inaugural six week program that begins in the fall is entitled:

How Our Relationships Can Help Us Live More Fully.

Each group will pick its own weekly time to meet in a congregant's home during the period of

October 20 – December 1, 2017

Each weekly session will have a topic with a teaching from one of the rabbis accompanied by discussion questions.

Session 1: Introduction to Covenant: The Jewish View of Sacred Relationship

Session 2: "If I Am Not for Myself..." Self Respect and a Personal Relationship with God

Session 3: Shema: Sacred Listening

Session 4: "Let There Be Light" The Power of Our Words

Session 5: Am Yisrael: Being a Part of a People

Session 6: Widening Our Circle: Expanding Our Connections and Embracing Diversity

Each session will include a 10-15 minute DVD segment or YouTube video followed by discussion questions that engage people in exploring the material and sharing personal experiences.

After the six week period has ended, the members of each small group will decide if they want to continue meeting. They can pick study materials and topics from a recommended list, or plan to attend synagogue services together, or engage in a social action project. Group members can also decide to form or join another group or take a break from meeting with the group.

At the end of the six week period, groups will be invited to share their experiences at a Shabbat dinner with the congregation as a whole on **Friday, December 9 2016.**



How Do I Participate?

During the High Holy Days, every member of the congregation will be invited to be a HOST. A HOST picks up the 6 Week Program kit (distributed right outside the sanctuary and chapel on Yom Kippur) which includes: A DVD, HOST instructions, Discussion materials, and other resources. The HOST can invite 1 or more people of their choice to form a "small group." The people can be Temple members or not. The minimum size of the group is 2 and the recommended maximum is 8.

The HOST finds a weekly time during the six week period to host the group at their home.

The role of the HOST is to:

H- Have a heart for people

O – Open your home

S – Serve a snack

T – Turn on a DVD or YouTube video

If you want to participate but do not want to be a HOST, you can go online to our Temple website and fill out a brief form and you will be placed in a small group geographically close to where you live.

Questions? For more information contact our office at 949-362-3999.

Visit our temple website RSVP page to sign up today!



TEMPLE BETH EL

OF SOUTH ORANGE COUNTY

The Samu'el Center for Progressive Judaism

2A LIBERTY • ALISO VIEJO, CA 92656 • 949.362.3999 • WWW.TBESOC.ORG